# New Consumer Drivers, Demands & Directions for Growth

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Chicago Supplier's Night
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Mega Trends: Redirections

**Re-thinking Natural** 

**3** Culinary Cues

The New Nutrition

# Fresh, Minimally Processed

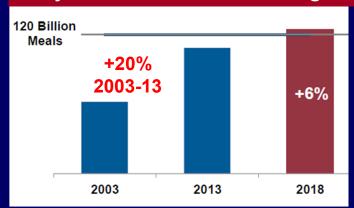






# Fresh Eatings \*20% Past 10 Yrs, \*6% → 2018¹ 78% *Effort* Eat Fresh, Fresh Convenience²

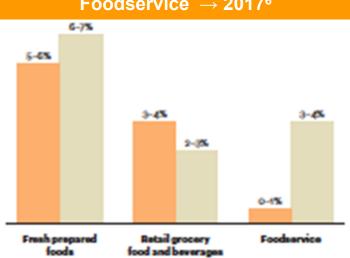
#### Proj. Annual Fresh Food Eatings<sup>1</sup>

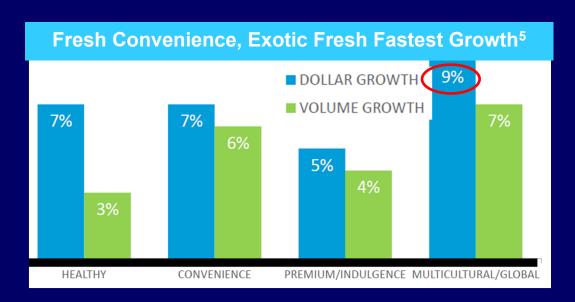


By 2018, Fresh Growth at Breakfast +9%, Lunch 7%, Dinner 5%<sup>1</sup>

- 87% fresh = healthier, 80% tastier<sup>3</sup>
- 44% buy more fresh ingredients, +10% 3 Yrs<sup>4</sup>
- 47% cook more from scratch, 3.1 dinners/wk<sup>4</sup>
- Deli prep foods; produce/protein snacks soar!<sup>5</sup>

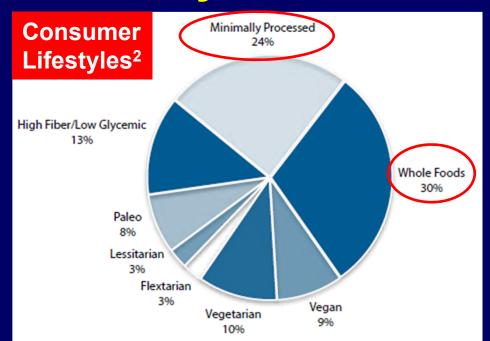


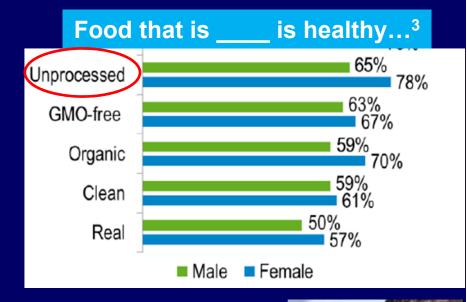




1. NPD Group, National Eating Trends, 2014; 2. 4. 2014 Gallup Dinner Survey; 3. Technomic, Inc. Healthy Eating Consumer Trend Rpt, 2014; 4. FMI, U.S. Grocery Shopper Trends, 2015; 5. Nielsen/Perishables FreshFacts, 2015; 6. AT Kearny/Technomic, Fresh Prepared Foods, 2014

# 30% Making a *Strong* Effort Eat More Minimally Processed Foods, +8% vs. 2010<sup>1</sup>







Overall Hot Culinary Trends for 2015, ACF Chefs<sup>4</sup>

- 1. Locally sourced meats and seafood
- 2. Locally grown produce
- Environmental sustainability
- 4. Healthful kids' meals
- Natural ingredients/minimally processed food

1. 2014 Gallup Study of Nutrient Knowledge & Consumption; 2. Nutrition Business J., 2015;; 3. Technomic, Healthy Eating Consumer Trend Report, 2014; 4. NRA, What's Hot Chef Survey for 2015? 10/2014.

# New: Fortification of Fresh Foods, Nutrition Claims Those Buy More Fresh = Buy Healthy, Fortified

Link	Health Benefit Fresh Meat/Po	oultry <sup>1</sup>
29%	Avoiding empty calories	35%
56%	Balanced diet	65%
18%	Building bone density	11%
13%	Building immunity	12%
44%	Building physical strength	32%
18%	Digestive health	22%
28%	Healthy weight	57%
23%	Heart health	46%
26%	Mind health/happiness	25%
70%	Nutrients in diet (iron, protein, etc)	59%
50%	Providing energy	43%

Hispanics Spend \$452 More/Yr on Food; 41% is Fresh<sup>2</sup>

1 in 5 Best-selling New Foods/Bev 2013 : Fresher Flavor Claim<sup>3</sup>

Gen Y Lead Growth Fresh Eatings 2018 +7.5%, Gen Z +11%4



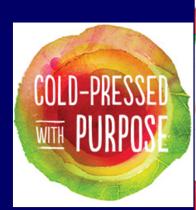
Fresh Nutrient Content Claims



Fresh 100 Calories or Less



Center Store "Fresh" Ingredients



Technology: HPP Juice, Coffee, Oils

evolution

ORGANIC V

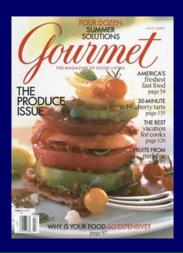
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# Discovery



# New Upscale Eating Occasion, 48% Foodies 145M Buy Specialty Foods, 196M Everyday Use<sup>2</sup>

41% Adult, 33% Snack & 29% Kids' Eating
Occasions = More Upscale Culinary
Experience – More Fresh
Foodie Narratives, Unique Flavors<sup>1</sup>



Specialty Food Sales \$105B + 22% - 2 Yrs<sup>2</sup>

Cheese #1, Top Growth Refrig. Pasta<sup>4</sup>

### Discovery is a New Food Attribute<sup>3</sup>

Value

Safety

Convenience

Health

Enjoyment

Discovery

#### Top 10 Eating Occasions<sup>1</sup>

- Instrumental afternoon snack 10.5%
- Instrumental lunch 10.1%
- Instrumental dinner 9.6%
- Instrumental breakfast 9.4
- Savoring dinner 9.3%
- Savoring after dinner snack 7.1%
- Instrumental after dinner snack 6.3%
- Instrumental morning snack 5.9%
- Savoring lunch 5.8%
- Savoring breakfast 5.3

#### **Top 10 Savoring Demand: Upgrade**<sup>1</sup>

- 1. Rice
- 2. Chinese Food
- 3. Salads
- 4. Eggs
- 5. Beans

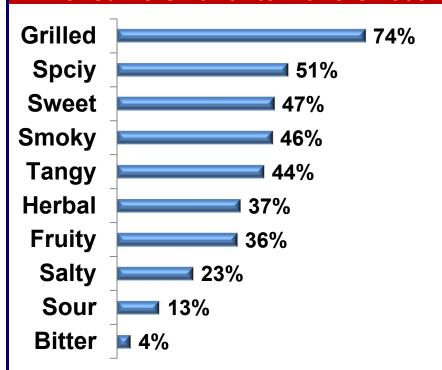
- 6. Hamburger
- 7. Potatoes
- 8. Vegetables
- 9. Sweets
- 10. Meat Cuts

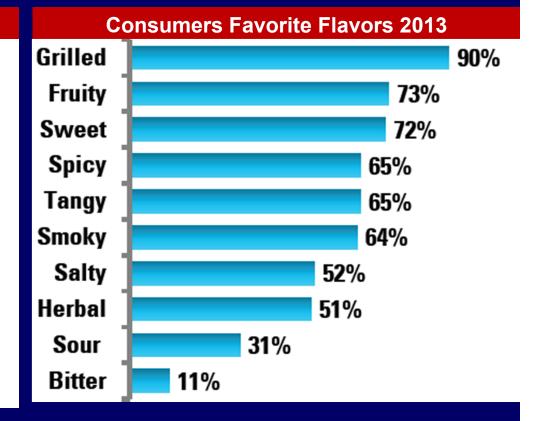
36% Buy Gourmet Everyday Snacking<sup>1</sup>

1.The Hartman Group, Modern Eating Report, 2013; 2. SFA, Specialty Food Consumer, 2014; 3. FMI, U.S. Grocery Shopper Trends, 2014; 4. SFA, State of the Specialty Food Industry, 2015

#### **Dramatic Shift U.S. Flavor Profile 5 Years**

#### **Consumers Favorite Flavors 2009**





- Preference Hot & Spicy Up Dramatically 18-34
- Bold Up
- Interest Coupled Flavors Up
- Interest Ethnic Up 18-34
- Interest in New & Unique Flavors Down!





Technomic, Consumer Flavor Trend Reports, 2013, 2009

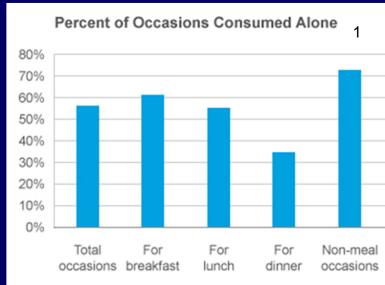
# Lifestyle Logistics







### 1/2 Eating Occasions Alone, More Fresh/Fancy, Demise Family Meal, Rise Kid-Specific



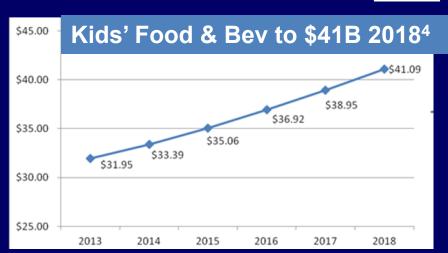
Best-Selling New Foods/Bev 2013<sup>3</sup> Kid targeted





**Gourmet & Ethnic** Meals for Kids Top Culinary **Trends** 20155

HH Size 2.6 vs. 3.1 in 1970<sup>5</sup>



16%

• 39% eating occasions family HH alone<sup>2</sup>

28% family eating occasions = Kids

Nesters #1, Singles #2, Married/Kid #3

1. NPD Group, Press Release 8/6/14; 2. Hartman Group, Modern Eating Report,/Compass Database, 2013/14; 3. IRI, New Product Pacesetters, 3/2014; 4. Pkg. Facts. Kids' Food & Bev Market. 2014; 5. NRA. What's Hot? Survey. 2014

### Immediate Consumption; Men Shop/Cook

15% of All Food/Bev Eaten Within 1 Hour of Purchase<sup>1</sup>

40% of Gen Y
Purchases are IC;
2/3<sup>rd</sup> Snacks;
10% Breakfast







46% Men Help With Food Prep 2014<sup>3</sup>

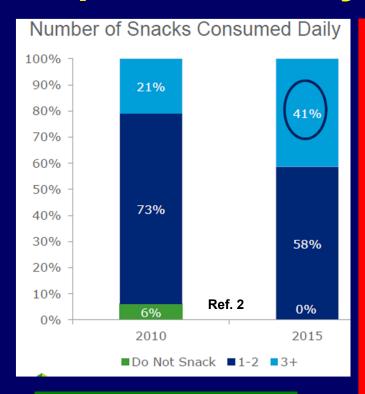


#### Men More Likely to:<sup>2</sup>

- Ethnic Foods
- Spicier
- Experimental
- Breakfast
- Grilling
- Marinades

<sup>1.</sup> Hartman Group, Modern Eating Report,/Compass Database, 2013/14; 2. FMI, US Grocery Shopper Trends, 2015; 3. Gallup Study of Cooking Knowledge and Skills, 2014.

# 49% Eating Occasions Snacks, Indulgent Outpaces Healthy, 3.1% vs. 2.4, 1<sup>st</sup> Time 6 Yr<sup>1,2</sup>



- Chips, chocolate, cheese, cookies, fruit 1-5<sup>2</sup>
- Fruit chips, jerky, RTE popcorn, jerky, seeds big gains, savory > sweet
- 14% eat snacks breakfast, not mega trend Depends on definition snack
- 1/3 buy gourmet snacks for every day use<sup>3</sup>
- 1/2 health important, organic snacks \*11.6%; fresh produce, smoothies, nuts/butter, yogurt covered, trail mixes top growth healthy snacks

#### **Type of Oil Hot Claim**

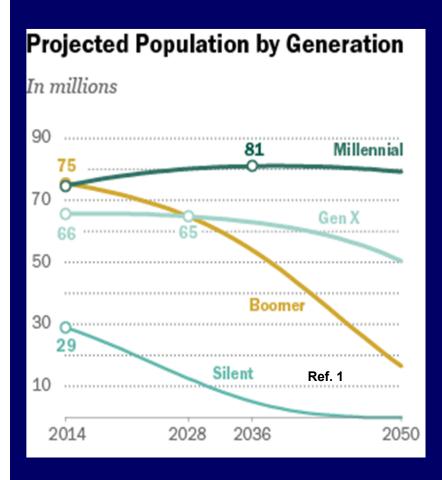


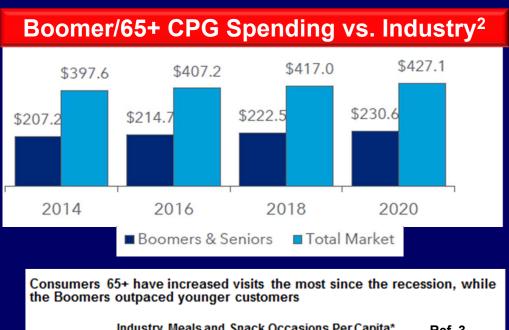
Foods I would eat as snacks are different from foods I would typically eat for breakfast, lunch or dinner

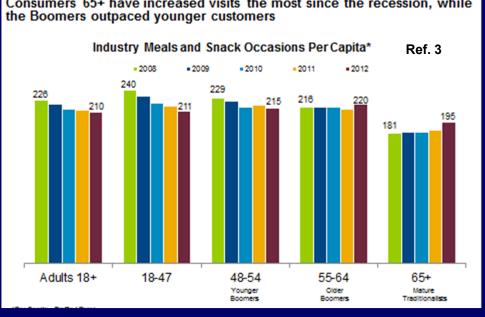


1. Hartman Group, Modern Eating Report,/Compass Database, 2013/14; 2. IRI, State-of-the-Snack Food Industry, 2015; 3. SFA, Specialty Food Consumers, 2014; 4. Technomic, Snacking Occasion Consumer Trend Report, 2014.

# By 2019: 1/2 Adults Age 50<sup>+</sup>, Driving Restaurants, Contemporize Healthy Foods







1. U.S. Census, 2014; 2. IRI Aging America: Carving Out Growth Mature Markets , 5/2014; 3. NPD Group, CREST, 2014

## Explosive New Bar, Sports, Energy Bev Ops, Older Women

61% Nutrition Bars Users Look for Foods with Nutrients that Target Specific Health Conditions<sup>1</sup>

# Proj. Annual Growth Fx Food Categories 2014-16

	Average	Seniors
Health Value Bars	10% to 12%	17% to 19%
Refrigerated Tea	6% to 8%	3% to 5%
Sports Drinks	3% to 5%	3% to 5%
Energy Drinks	9% to 11%	7% to 9%

**Index Use Any Nutrition Bar: Age** 

Age Group		7
18-24	117	<u></u>
25-34	119	
35-44	122	
45-54	100	
55-64	87	
65+	63	
Gender		
Male	87	
Female	112	
	_	



#### **Heavy User: 5+ More Nutrition Bars Month<sup>1</sup>**

Age	% of All Adults	% of Those Using Five or Mo Nutritional Bars in Last 30 Da		
		AII	Men	Women
18-34	29.4%	35.5%	18.2%	17.2%
35-44	16.9	22.3	9.5	12.8
45-54	18.3	19.0	7.6	11.4
55+	35.5	23.2	6.8	16.4
Total	100.0%	100.0%	42.2%	57.8%

Pkg. Facts, Nutrition/Cereal Bars, 2015; IRI Aging in America, 2015

# 2

# Re-Thinking Natural Clean & Chemical-Free









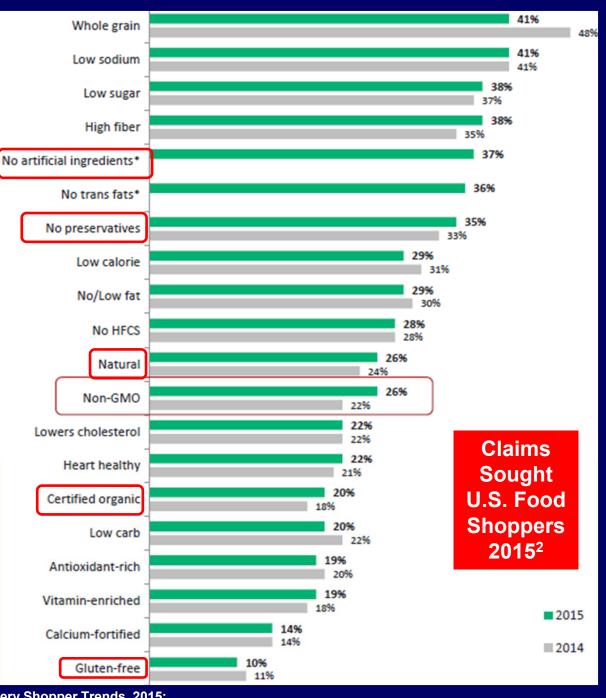
# New Natural Hierarchy Humans 2015

% Consumers Buy More 2014<sup>1</sup>

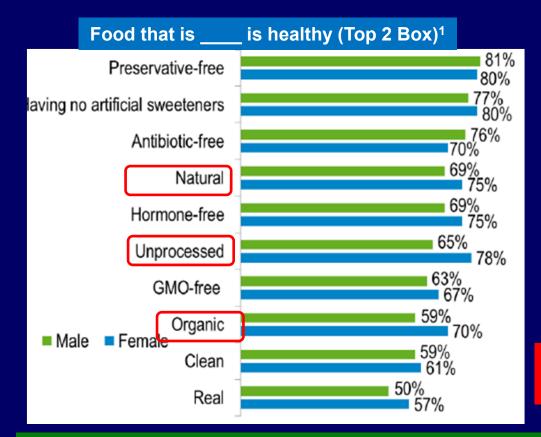
28% organic products

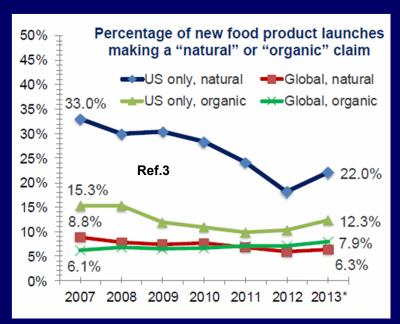
25% natural products

23% non-GMO products



# Interest in Natural Outpaces Organic; Aligns Better No Additives, but Industry Abandoning





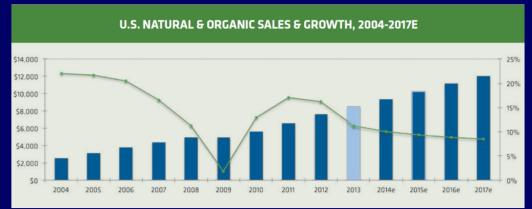
Natural \$27B, +11.1%, But Citizen Class Action Lawsuits Discourage Marketers<sup>4</sup>

Natural: What Happens to Food/Bev After It is Grown/Made (e.g., processing steps, additives)<sup>2</sup>

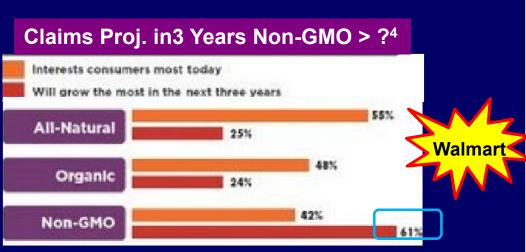
Organic: What Happens to Food at Origin (*e.g.* the Farm, the Plant, the Animal)<sup>2</sup>

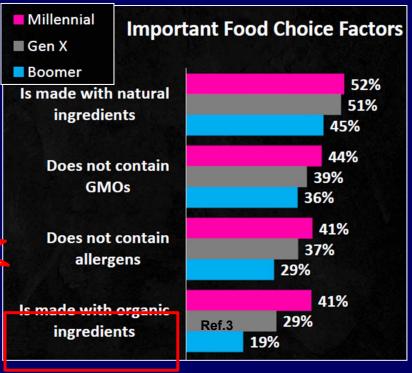
1.; Technomic, Healthy Consumer Trend Report, 2014; 2. Hartman Group's Organic/Natural 2014; 3. Nutr. Business J., 2015; 4. Datamonitor 2014

### Organic Food \$35B, +11%, Most Double Digit<sup>1</sup>



73% Buy Sometimes, 9%, Daily 86% Millennials, 72% Gen X, 63% Boomers<sup>3</sup>





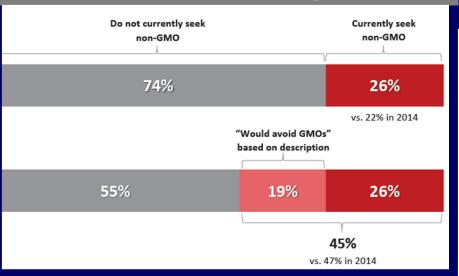


29% Adults Buy Organic to Avoid GMOs<sup>3</sup> 1/3 of Organic Users Look for Non-GMO



### GMOs & Primary Food Shoppers Avoiders 26% 2015 vs 22% in 2014<sup>1</sup>





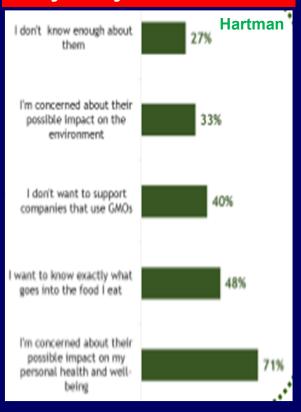
#### Hartman:<sup>2</sup>

40%

Four out of ten consumers today are avoiding or reducing GMOs in their daily diet.

Organic users (47%) are more likely than nonorganic users (20%) to avoid/reduce GMOs in their daily diet.

#### Why They Avoid GMOs<sup>2</sup>

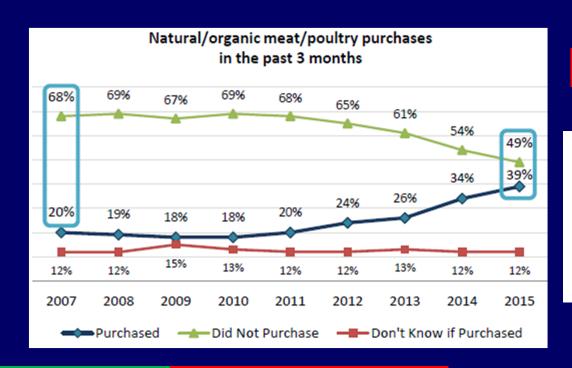




Moms with Kids < Age 11, Urban, HH > \$49K, Age 37 #1 Target GMO<sup>3</sup>

1. FMI, US Grocery Shopper Trends, 2015; 2. Hartman, Organic & Natural, 2014; 3. Pkg. Facts, Clean Label Report, 2015

### **New Natural Hot Spots**



**#1 Organic/Natural Meat<sup>2</sup>** 

#1 Reason Use Organic
Natural Meat – Free from
Substances Want to
Avoid,
Antibiotics/Hormones

#### **Hot Ingredients**<sup>3</sup>

- Farm/estate branded items
- Ancient grains (e.g. kamut, spelt, amaranth)
- Non-wheat flour (e.g. peanut, millet, barley, rice)
- Natural sweeteners (e.g. agave, honey, concentrated fruit juice, maple syrup)

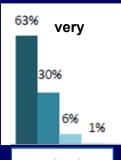
## **#2 Real Natural**Sweeteners



#3 Food "Made in US" Extremely Imp. 91%<sup>2,4</sup>



#### Interest

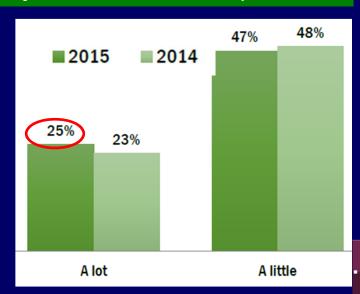


Meat/poultry raised/produced in the USA

1. FMI,, Power of Meat, 2015; 2. NRA, What's Hot? Chef's Survey, 10/2014; 3. Food Mktg. Institute, U.S. Grocery Shopper Trends, 2015.

### 72%Thought How Food Farmed/Produced; 1/4 A Lot Humane, Ag Chemicals, New Reliance on Farmer

How much thought have you given to how your foods/bev were farmed/produced?1



63% Think Farm-Raised Healthier, 45% **Much Tastier.** 29% Will Pay More<sup>2</sup>



**Farmers: Most Believable** Spokesperson > Academics<sup>4</sup>

The meaning of sustainability is broadening to encompass a rising concern for animal welfare issues.

#### WHAT DOES SUSTAINABILITY MEAN TO YOU?



Responsible Farming Methods



1. IFIC, Food & Nutrition Survey, 2015; 2. Technomic, Healthy Consumer Trend Rpt., 2014, 3. FMI, U.S. Grocery Shopper Trends, 2015; 4. Pew Res., 2014; 5. Hartman Sustainability, 2015;

# **Culinary Cues**

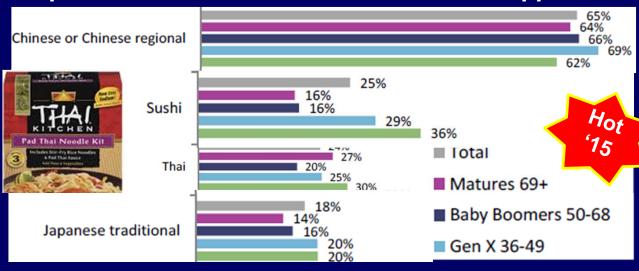






# Ethnic In-Home Prep +28% 5 Yr 35% Stir-fry, 1/3 More Interested Global Flavors<sup>1</sup>

Deeper Dive Asian: Cuisines Eaten 2014: Shoppers<sup>2</sup>



#### Hot Flavors '15<sup>3</sup>

- 1. Harissa
- 2. Aji
- 3. Gochujang
- 4. Yuzu
- 5. Togarashi
- 6. Peri Peri
- 7. Nut butters

#### Hot Prep '154

- 1. Pickling
- 2. Fermenting
- 3. Fire-roasting
- 4. Smoking
- 5. Sous Vide
- 6. Cast-iron

#### Top Pasta Use⁵

- 1. Italy
- 2. Venezuela
- 3. Tunisia
- 4. Greece
- 5. Switzerland
- 6. Sweden
- 7. US

#### **Hot Ethnic Cuisines 2015<sup>2</sup>**

- 1. Ethnic fusion cuisine
- 2. Authentic ethnic cuisine
- Regional ethnic cuisine
- Peruvian cuisine
- 5. Southeast Asian cuisine (e.g. Thai, Vietnamese, Malaysian)
- Korean cuisine
- Native American cuisine
- 8. Regional American cuisine



<sup>1.</sup> FMI, Power of Meat, 2015; 2FMI, U.S. Grocery Shopper Trends, 2014; 3. Datassential, 2015; 4. National Restaurant Assn., What's Hot, 2014; 5. International Pasta Assn., 2012.

## Beverage & Main Dish Mega Trends

Hot Sandwich Mega Trends 2015<sup>1</sup>

BBQ Sandwiches

Upscale Breads: brioche, pretzel, ciabatta

thnic Sandwiches: banh mi, tortas, cemitas, Cuban

New Healthy: gluten free, vegan, organic

Unique Carriers: naan, bao, waffles

Pickled Ingredients: glardiniera, onions, radishes

REGIONAL BBU SANDWICHES

Coconut
Mango
Cinnamon
Ginger
Blackberry
Tangerine
Apricot
Acai

Projected Top Selling
Bev Flavors 2015<sup>3</sup>

Underutilized Fish, Mackerel<sup>2</sup>

Fastest Growing<sup>3</sup>
Flavors Restaurants

#### Most Eaten Fish<sup>3</sup>

Shrimp
Salmon
Tuna
Tilapia
Pollack
Pangasius
Cod
Catfish
Crab
Clams



New Cuts Meat: Culotte Steak, New York Pork Chops<sup>5</sup> Fastest Growing Cheese Restaurants<sup>4</sup>



Grapefruit
Aranciata
Lime
Black Cherry
Lemon
Limonata
Grape
Cream Soda
Strawberry
Ginger

Taleggio, Burrata, Pecorino Romano, Hispanic Cotija, Queso Fresco<sup>4</sup>

1. Datassential, QSR Magazine, 1/2015; 2. What's Hot? Chef's Survey, 1/2014; 3. Beverage Industry Magazine, 1/2015 New Product Development Survey National Fisheries Institute, 2014; 4. IDDBA, What's in Store? 2015; 5. NRA, What's Hot? Chef's Survey, 10/2014.



### **Top Growing Breads Restaurants 2014**

#### Breakfast Bread

Flatbread
Brioche
Ciabatta
Grain Bread
Multi Grain
Focaccia
Rye
Baguette
Panini
Whole Grain

#### Sandwich Carrier

Brioche
Artisan
Pretzel
Flatbread
Ciabatta
Whole Grain
Wheat Bun
Multi Grain
Panini
Cuban

#### Appetizer Bread

Garlic Bread Bread Sticks Cheese Bread Bread Basket

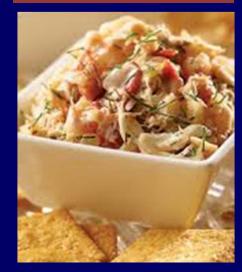
Order More >
Salsa
Seafood Dip
Spinach/Art. Dip
Cheese Dip

#### **Burger Carrier**

Pretzel
Brioche
English Muffin
Texas Toast
Wrap
Tortilla
Multi Grain
Wheat Bun
Whole Wheat
Onion Roll









Datassential, QSR Magazine, One Source Special Issue, 2014



### Veggies, Flours, Grains







#### **Hot Produce<sup>2</sup>**

- Heirloom apples
- Unusual/uncommon herbs (e.g. chervil, lovage, lemon balm, papalo)

## Carrot, Celery Top 10 Fastest Growth Juices Restaurants<sup>1</sup>

Eat one fruit a day #FearNoFruit
THAT SCARES YOU Learn More >





BLUE HILL

Beet









#### **Hot Ingredients '15<sup>2</sup>**

- Farm/estate branded items
- Artisan cheeses
- Non-wheat flour (e.g. peanut, millet, barley, rice)
- House-made/artisan pickles
- Artisan/specialty bacon

  15

  Vinegar/flavored

Vinegar/flavored vinegar/house-made vinegars

Ethnic flour (e.g. fufu, teff, cassava/yuca)

Ref.2

## Cooling Trends

Down from Top 20 Food Trends in 2009

Exotic fruit

(now #64)

Superfruits

(now #63)

1. Datassential, QSR, 1/2014; 2. NRA, What's Hot? Chef's Survey, 10/2014

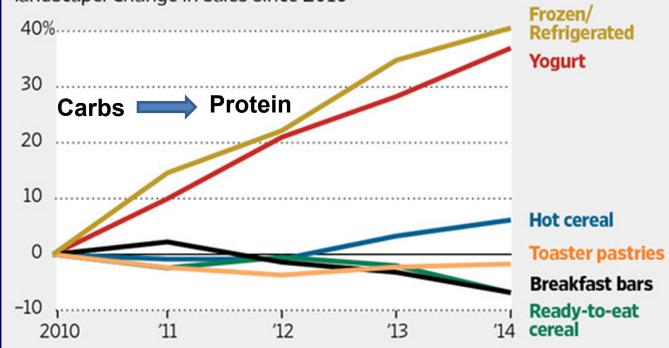


## Breakfast Going More Gourmet; Big Breakfast Op: Ethnic Foods

#1 Hot Culinary Breakfast Trend 2015 Ethnic; e.g., Asian Syrups, Chorizo<sup>1</sup>

Seafood, Veggies Move into the AM Breakfast, Crab Sausages, Cakes<sup>3</sup>

Consumers' shift from carbohydrates to protein is changing the breakfast landscape. Change in sales since 2010\*2





**Breakfast Pizza** 

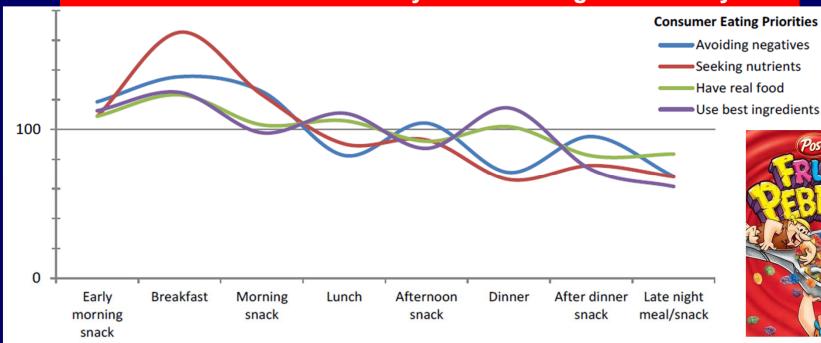


Non Breakfast Sandwiches, Cubano Panini, Parfait<sup>3</sup>

Motivators Eat A.M. - Energy, Mental, Weight, Feel Full<sup>4</sup>

### **Nutrients Tops Wellness Goal in AM; Simply** Healthy Not Enough, Tout Nutrition Add-ins<sup>1</sup>

#### **Wellness Relevant Dietary Goals Throughout the Day**





RTD Breakfast Sales **Small**, but +56%<sup>2</sup>







- FMI, U.S. Grocery Shopper Trends, 2014;
- 2. IRI, Y/E 7, 14.2014.

# The New Healthy

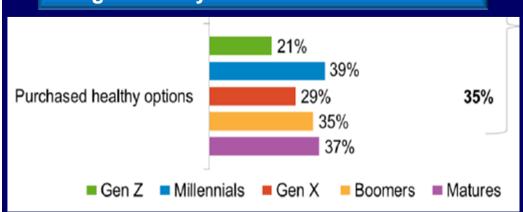


### 55% Households Watching What They Eat

#### Reasons Consumers Watching the Diets 2014<sup>1</sup>

General health	66%
Lose weight	55
Watch intake of ingredients such as fat, cholesterol, sugar, carbs, salt, etc.	40
To help avoid future medical conditions	38
Maintain weight	38
In response to current medical condition such as diabetes, heart disease, or hypertension	22
Food allergy or intolerance	10

#### **Bought Healthy at Foodservice Past Week**



1. Pkg. Facts, Weight Management, 2014; 2. FMI, U.S. Grocery Shopper Trends, 2014, 2015; 3. Technomic Healthy Eating Report, 2014

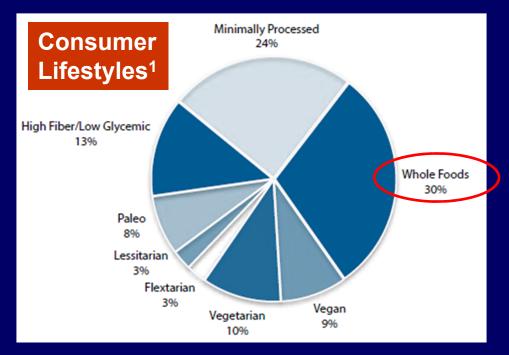
### Very Concerned Nutrient Content of their Diet<sup>2</sup>

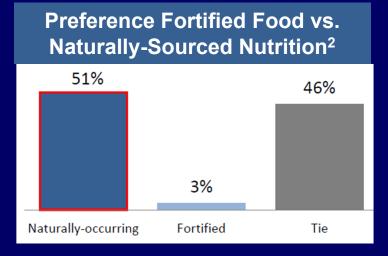
Generations	2014	2011	
Millennials 18-35	37%	23%	
Generation X 36-49	32%	36%	
Boomers 50-68	35%	40%	
Matures 69+	40%	46%	

## % Look for "Low In" Claims Falls 2011-14<sup>2</sup>

- Low sodium -18%
- Low sugar -8%
- No trans fat -18%
- Low calorie -9%
- Low fat -21%
- Low cholesterol -29%
- Low carb -19%

# Whole Foods - Part of the New Lifestyle - Prefer Get Nutrients/Benefits from Food





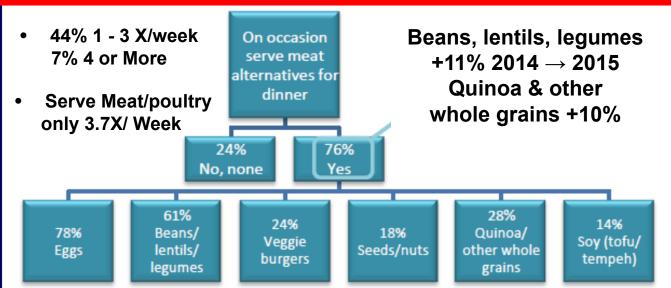


"Prefer to Get from Foods Naturally" Contain This4

- Fiber 73%
- Protein 72%
- Healthy Oils 62%
- Antioxidants 62%
- Vitamin E 47%
- Omega-3s 44%

# Plant-Based Eating: 24% Regularly Eat More Plant-Based Meals, 47% Occasionally<sup>1</sup>

76% Households Serve Meat Alternatives Occasionally Dinner (Protein Sources Other than Meat, Poultry, Seafood)<sup>1</sup>

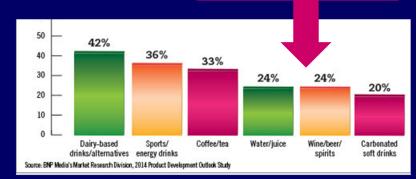




Alternative
Beverages 2<sup>nd</sup>
Most Active New
Beverage
Category 2015<sup>4</sup>

Meatless/Vegetarian #8 Hot Culinary Trend C-O-P 2015, Vegetarian #1 for Appetizers Vegan 11<sup>th</sup> Center-of-the-Plate<sup>2</sup>

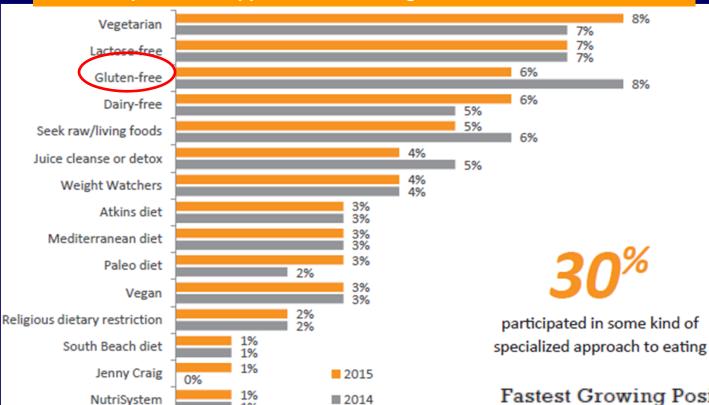
17% Some Effort Eat Partially Vegetarian Diet 2% Vegan, Avoid All Animal Products<sup>3</sup>

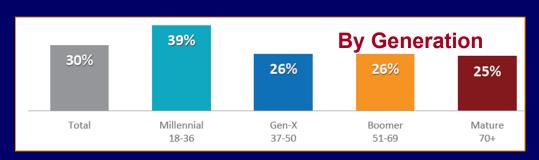


- 1. FMI, Power of Meat, 2015; 2. What's Hot? Chef's Survey, 10/2014; 3. 2014 Gallup Study of Nutrient Knowledge &
- 2. Consumption; 4. Beverage Industry Magazine, 1/2015 New Product Development Survey; Food Navigator, 2015

### Experiment Alternative Eating Styles<sup>1</sup>







Fastest Growing Positionings

% CAGR, 2008-2013
US\$ million, RSP

Energy Boosting
Food Intolerance
General Wellbeing
Digestive Health
Beauty From Within

0%

Global Food/Bev<sup>2</sup>

Global Food/Bev<sup>2</sup>

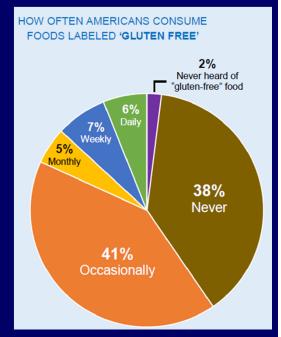
13%

1. FMI, U.S. Grocery Shopper Trends, 2015; 2. Euromonitor, 2014

# Overinflated: How Can We Measure Elimination Markets?

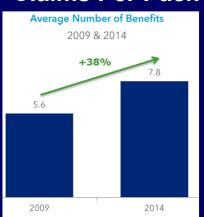
The current system doesn't work!

Scanning for the presence of a claim is not an indication of intent to purchase. Are we going to continue to be mislead that these are explosive growth - consumer driven markets or niches?



Market Size: Nielsen \$24B 2014 · Mintel \$15.6B by 2016 · Con Agra · NBJ \$10B · \$1.2B 2014 · Euromonitor Global \$2.1B 2013 · Pkg. Facts, \$943M

#### Claims Per Pack

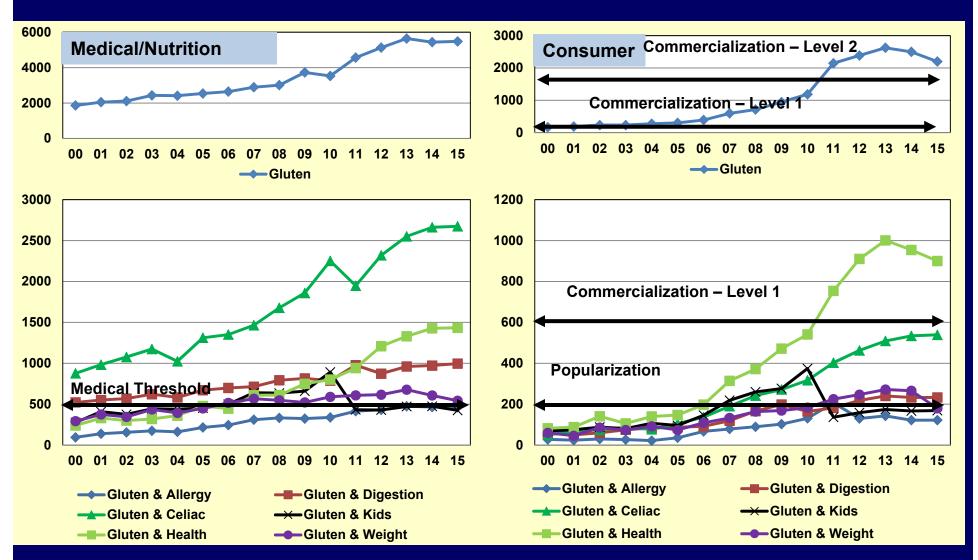


- ✓ 44% believe GF healthier in 2014 vs 60% in 2012<sup>1</sup>
- √ 10% food shoppers sought GF on label, 11% 2014²
- ✓ 52% who bought GF didn't know it was GF³
- √ 30% bought GF in 2014 for "no reason"

**#1 Reason to Buy = No Reason** 

Technomic, Healthy Eating Consumer Trend Report, 2014; FMI, US Grocery Shopper Trends, 2014; Hartman Group, Culture of Wellness, 2013; Sloan Trends, Inc. .

# TrendSense™ Predictive Model: Gluten-Free Peaked in Early 2013, Celiac Remains Strong



# Protein Gen II: Amount, Type, Frequency Move to Plant, 50% Try Get More 2015<sup>1</sup>

#### Consumer Links Protein 2014<sup>1</sup>

- 87% builds muscle
- 76% aid exercise recovery
- 72% helps feel full
- 66% aids weight loss
- 64% energy throughout the day
- 62% maintain energy
- 38% soy protein aids weight loss
- 33% boosts metabolism

Reason Use Protein Bev <sup>4</sup>	3AII
Gives me energy	50
Physical Performance	49
Curb hunger/feel full	48
Exercise recovery	46
Weight Loss Aid	39

### Top U.S. Health Concerns Very Extremely Concerned <sup>3</sup>

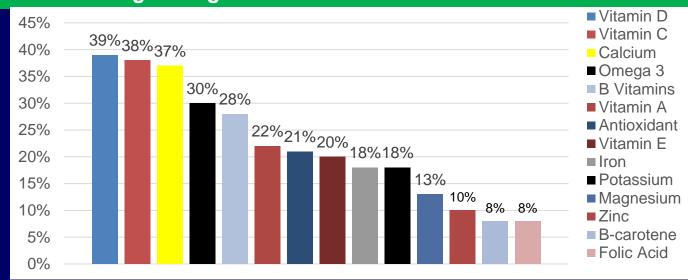
Bone health/strength	63%
Cancer	62%
Cardiovascular/heart disease	61%
Eye health	60%
Tiredness, lack of energy	56%
Stress	54%
Retaining mental sharpness as I age	53%
Muscle health/muscle tone	53%

Body Toning - Sarcopenia - Immunity Satiety - Long-Lasting Energy, etc.

Wt. Loss Meal Replacement \$3.3B to \$4.3B '17 #1 or #2 Fastest Growing CPG Foods 5 Years<sup>4</sup>

### **Specialty Nutritionals #2 Only to Vitamins**

#### 76% Making Strong Effort Consume More Vitamins/Minerals 2013



#### **Hot Nutritionals**

- Vitamin D
- Vitamin C
- Potassium
- Magnesium
- Choline
- Fiber
- Prebiotics
- Iron
- Turmeric

Fastest
Growing
Supplements
→ 2018

Fastest Growing Supplements to 2018						
	<b>2015</b> e	<b>2016</b> e	13-16 CAGR			
Vitamin K, H, Other	1,661	1,806	8.9%			
Milk Thistle	131	136	4.2%			
Tumeric	197	235	21.5%			
Magnesium	733	818	13.0%			
Iron	409	438	7.1%			
Vitamin D	832	902	8.5%			
Vitamin B	2,210	2,414	10.2%			
Probiotics	1,517	1,727	16.2%			
Digestive Enzymes	273	291	6.3%			
Melatonin	458	533	19.8%			

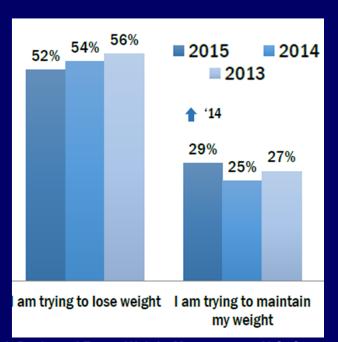


# Men = 69% Growth Weight Sector 5 Years Men 18-34 Drive Weight Maintenance +34%<sup>1</sup>

# Overweight Men 80M, 73% Women 75M, 64%

### Obese Man 27

Men 37M, 34% Women 42% 36%



#### **%Growth Watching Diet for Weight**

D	2009	2014	Growth 2009-2014		
Reason for Watching Diet	2009	2014	No.	%	
Lose weight	62,381	66,427	4,046	6.5%	
Men	22,003	23,725	1,722	7.8	
Women	40,378	42,702	2,324	5.8	
Maintain weight	28,104	31,703	3,599	12.8	
Men	11,697	14,185	2,488	21.3	
Women	16,407	17,518	1,111	6.8	
Total	90,485	98,130	7,645	8.4	
Men	33,700	37,910	4,210	12.5	
Women	56,785	60,220	3,435	6.0	

#### Use Nutritional Liq. Meal Replacements Weight Loss<sup>2</sup>

	Male	Female
	%	%
Protein supplement	42	28
Meal supplement	16	24
Vitamin/Mineral supplement	18	13
Weight loss	7	22
Energy supplement	9	8

<sup>1,</sup> Packaged Facts, Weight Management, U.S. Consumer Mindsets, 8/2015; Food & Nutrition Survey, 2015, Mintel Performance Food, 2014

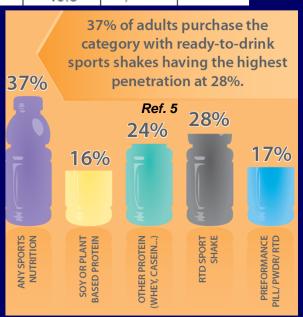
# \$31B Sports Nutrition Sector Mainstreams<sup>1</sup> Hormel, Post Cereal Enter Sports Nutrition

Exercised Regularly		2004		2014		Change 2009-2014	
Last 12 Months	Ref.3	No.	%	No.	%	No.	%
Men	Men						
Yes		48,719	48.3%	54,429	48.8%	5,710	11.7%
No		48,775	48.3	55,106	49.4	6,331	13.0
Women							
Yes		57,065	52.0%	62,480	52.1%	5,415	9.5%
No		49,081	44.7	55,615	46.3	6,534	13.3

Women in millions Ref. 2

Exercise Walking	58.7
Exercising with Equip.	29.4
Swimming	27.3
Aerobic Exercising	26.9
Camping	29.6
Workout at Club	18.8
Bicycle Riding	17.7
Running/Jogging	16.9





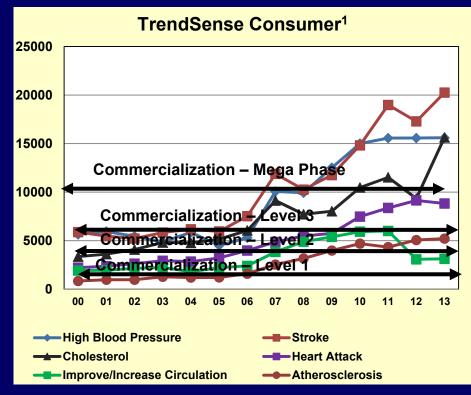
1. NBJ, 2015; 2.Pkg. Facts, Weight Rpt.,, 2015; 3. Nat'l Sporting Goods Assn., 2014; 4.TABS Supplement Survey, 2015,

# New Heart Markets: Stroke, Blood Plaque; Heart Supplement Sales Est. \$2.53B, +3.7% in 2015

2015 <sup>2</sup> Millions Men	Women	
CVD	42.9	40.7
HBP	40.7	37.2
Cholest > 200	53.6	45.3
Cholest > 240	17.9	14.0
LDL>130 mg/dL	35.8	34.6
HDL<40	14.1	31.8
Diabetes (Diag)	10.1	9.6
Pre-diabetes	33.6	50.7
Stroke	3.8	3.0

Incidence: Stroke Increasing < Age 65

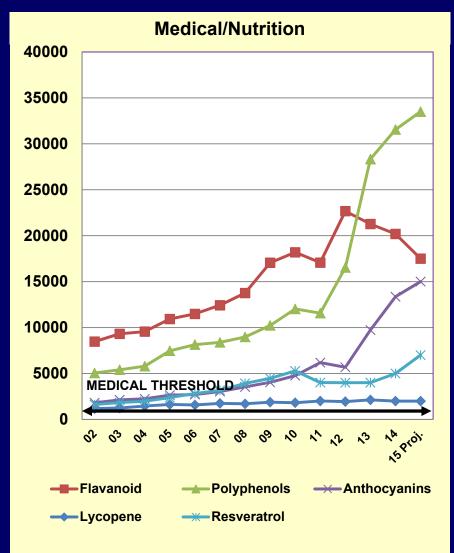
32% Women & 53% Men Have Undesirable Blood Plaque Levels<sup>2</sup>

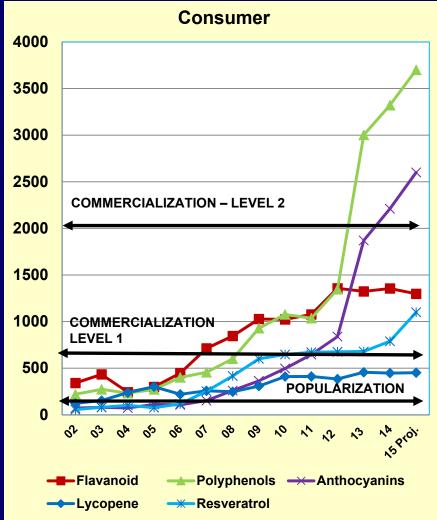


Don't have, afraid might get <sup>3</sup>	Male	Female	
Heart disease	31	35	
Heart attack	32	31	
Strokes	30	30	
Cardiovascular disease	28	29	

M & W = Heart Issues Run in My Family 31%

### TrendSense<sup>TM</sup> Predictive Model: Phytochemicals





### **Most Sought After Reasons: Functional Food**

Health Conce	r <b>n</b>	% All Adults	Improve Health %	Lose Weight %	Address Medical Issue %
High Cholesterol		25.5	30.8	27.8	52.9
Weight Loss		24.1	31.4	51.3	30.9
High Blood Pressure		23.4	29.4	28.0	44.0
Weight Management		22.7	31.7	37.9	30.6
Digestive Health		20.8	28.6	23.2	27.4
Improve Heart Health		20.6	29.0	22.7	30.9
Energy/VItality		18.4	26.0	20.1	17.5
Immune System		16.7	23.2	17.9	18.2
Heart Disease		16.0	23.9	20.3	28.7
Joint or Bone Health		13.9	20.3	15.7	19.1
Diabetes/Impaired Glucose Metabolism		11.9	14.7	15.2	38.5
Hunger Control		10.9	13.2	14.9	13.4





### Sloan Trends, Inc.

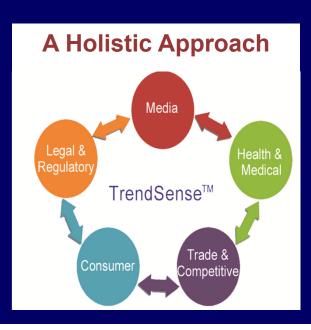
20+ Years of Identifying Emerging Food/Beverage Opportunities

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