



John Coupland is a professor of food science at Penn State and President-elect of IFT. He is a native of the UK where he earned his BS and PhD in food science from Leeds University. After post-doctoral work at UMass Amherst and University College Dublin he took up a faculty position at Penn State.

His research program is concerned with the physical chemistry of lipids, particularly emulsions. Recently his group has studied the ways food structure can bind flavors and antioxidants and change their performance. He teaches food chemistry at the undergraduate and graduate level and physical chemistry of foods at the graduate level. He is the author of “An Introduction to the Physical Chemistry of Foods” (Springer, 2014).

John is an advocate for the public understanding of food science and joins the online discussion through a personal blog and twitter account. He is married with two children and in his spare time is a rather mediocre baker.